



LIGHT LUNCHES

TOASTIES

All served on toasted ciabattas from lovingly artisan in kendal and served with salad and in-house slaw

Honey roasted ham and cheddar cheese (GFA) £8.50

Breaded chicken, chorizo, chilli cheese and chilli jam mayonnaise (GFA) £9.00

Tuna, sweetcorn and cheddar cheese (GFA) £8.50

Crispy halloumi, turmeric mayonnaise and grated parmesan (GFA) £8.50

Crispy pork belly, bbq korean sauce and spring onion £9.00

Hummus with a pomegranate, tomato, cucumber and mint salsa (GFA, VE) £8.00

Upgrade to a cup of soup, salt and pepper fries or chippy chips for £2.50

JACKET POTATO

All served with salad and in-house slaw.

Cheese and Beans (GF) £8.50

Tuna, Sweetcorn and Cheddar Cheese (GF) £9.00

Chilli Con Carne topped with Cheddar Cheese £9.00

Cheese, Beans and Tuna (GF) £9.00

STARTERS

SOUP OF THE MOMENT (VE)(V)(GFA) £6.00

Ask your server for today's soup, served with artisan ciabatta and lurpack butter.

HUMMUS (VE) £6.00

Hummus served with a warmed pitta bread, topped with a pomegranate, cucumber, tomato and mint salsa.

GARLIC PARMESAN CIABATTA (V) £6.00

Toasted ciabatta topped with garlic butter, parmesan, herbs and black pepper.

KOREAN STICKY PORK BELLY £8.00

Slow cooked crispy pork belly tossed in korean bbq sauce, sesame seeds, finished with dried chilli and spring onions.

BREADED HALLOUMI £8.50

Crispy breaded halloumi sticks, spiced turmeric mayonnaise, topped with freshly grated parmesan and chives.

SALT & PEPPER BREADED CHICKEN (CONTAINS PEANUTS) £8.50

Crispy breaded chicken tossed in pepper, onion, chilli and salt and pepper seasoning, served with chilli jam mayonnaise.

MAIN COURSE

ALL DAY ENGLISH (GFA) £11.00

2 Cumberland sausages, 2 pieces of bacon, black pudding, flat-field mushroom, grilled tomato, baked beans, skinny fries and topped with a fried egg.

FISH & CHIPS (GF) REGULAR £11.50 | LARGE £15.00

Crispy battered haddock, served with proper chippy chips and a choice of tartare sauce or minted mushy peas.

HAM, EGG AND CHIPS (GF) £13.00

Sliced Wiltshire ham, 2 fried eggs, garden peas and served with proper chippy chips.

BREADED HALLOUMI AND PARMESAN BURGER (V AVAILABLE) £13.50

Crispy breaded halloumi sticks, spiced turmeric mayonnaise, topped with freshly grated parmesan and chives, smashed into a brioche bun with baby gem lettuce, served with fries and slaw.

THE ROYAL BURGER (GFA) £14.00

6oz beef pattie topped with bacon, cheese, on toasted brioche bun with baby gem, royal burger sauce and served with proper chippy chips and coleslaw. Add an extra pattie for £4.00.

CHICKEN BURGER (GFA, CONTAINS PEANUTS) £14.00

Breaded chicken goujons tossed in salt&pepper seasoning topped with chilli cheese, served in toasted brioche bun with baby gem lettuce, chilli jam mayonnaise, with coleslaw and seasoned fries.

CLASSIC CHICKEN CAESAR (GFA) £14.00

Roasted herbed chicken breast with baby gem lettuce, boiled egg, crispy bacon, croutons, parmesan, all tossed together in caesar sauce.

DUO OF SAUSAGE AND MASH (GFA) £14.00

Oven roasted duo pork sausages served with creamed potato, garden pea and baby carrot medley, a caramelised red onion gravy and crispy kale.

CLASSIC CARBONARA (GFA) £14.50

Sauteed crispy bacon lardons tossed in a cream and parmesan sauce with spaghetti, topped with crispy kale and freshly grated parmesan.

Add crispy chicken, smoked salmon or king prawns for £3.50.

SLOW COOKED BEEF AND DUMPLINGS £16.00

slow cooked beef and root vegetable stew in gravy topped with dumplings and baked until crispy served with pickled red cabbage and toasted garlic ciabatta

STEAK FRITES (GFA) £17.00

Seasoned 8oz butcher's steak (served med-rare) on a bed of seasoned crispy skinny fries, served with a garlic butter melt and pea shoots.

Upgrade steak sauce to beef stock, pink peppercorn, or blue cheese for £3.00

Upgrade salt and pepper surf and turf king prawns £6.00

HOMEMADE PIES

Homemade Beef, onion and ale pie
slow cooked beef, onion and ale pie encased in puff pastry, served with creamed potato, garden pea and baby carrot medley and a caramelised red onion gravy **£16.00**

Homemade chicken, leek & onion pie
chicken, leek onion and pie encased in puff pastry, served with creamed potato, garden pea and baby carrot medley and a caramelised red onion gravy **£16.00**

Homemade butternut squash pie
roasted butternut squash, spinach, pepper and feta pie encased in puff pastry, served with creamed potato, garden pea and baby carrot medley and a caramelised red onion gravy **£14.50**

Follow us on social media for exciting updates!

  @theroyalbarandshaker

 royalbarandshaker.co.uk



SERVING TIMES

Monday - Saturday: 8am - 11:30am | 12pm - 4pm | 5 - 9pm

Sunday: 8am - 11:30am | 12pm - 6pm

BRUNCH TIME

served 12 to 4pm

ALL DAY ENGLISH £11.00 (GFA)

2 butchers sausage, 2 bacon, black pudding, flatfield mushroom, grilled tomato, Heinz beans, 2 fried eggs and a scoop of seasoned fries.

BAGEL BENEDICT £9.00 (GFA)

A toasted New York style bagel with 2 soft poached eggs topped with your choice of crispy bacon or smoked salmon, finished with hollandaise sauce and chives.

BACON, CHORIZO & CHEESE OMELETTE £8.00 (GF)

Sauteed bacon and diced chorizo mixed with 4 eggs, chives and Lancashire cheese.

PEA, SPINACH AND CHEESE OMELETTE £8.00 (GF)(V)

Sauteed spinach and peas with 4 eggs, chives and Lancashire cheese.

ACAI SMOOTHIE BOWL £8.50

Fat Free greek yoghurt combined with Acai powder, almond milk, vanilla protein, served with oat granola and topped with kiwi, pear and banana (contains nuts).
Total calories 650, Protein 30g, Fat 16.3g, Carbs 102g

PEANUT BUTTER & DARK CHOCOLATE SMOOTHIE BOWL £8.50

Fat Free greek yoghurt combined with dark chocolate, peanut butter, almond milk, vanilla protein blended and served with oat granola and topped with kiwi, pear and banana (contains nuts).
Total Calories approx 660, Protein 31g, Fat 17.5g, Carbs 95g

Calorie Counted

FOR DESSERT

BISCOFF CHEESECAKE (V) £8.50

With biscoff sauce and salted caramel ice cream.

STICKY MALTEASER & SALTED HONEYCOMB TOFFEE PUDDING (V) £8.50

Caramel sauce and salted honeycomb ice cream.

WARMED APPLE CRUMBLE £7.50

Served with custard and vanilla ice cream.

BISCOFF CHEESECAKE SUNDAE £9.00

Salted honeycomb ice cream, honeycomb pieces and maltesers with chunks of biscoff cheesecake and caramel sauce.

TRIO OF ICECREAM - £6.50 SELECT 3 SCOOPS:

- Salted caramel and honeycomb
- Double chocolate
- Madagascan vanilla

A BIT ON THE SIDE

- Seasoned Fries £4.00 (GF)
- Chippy Chips £4.00 (GF)
- Salt & Pepper Fries £5.00 (GF)
- Pink Peppercorn Sauce £3.00 (GF)
- Blue Cheese and Herb Sauce £3.00 (GF)
- Warmed Salted Pork Crackling £3.00 (GF)
- House Salad dressed in the royal sauce £3.50 (GF)

SUNDAY LUNCH

CHOOSE FROM:

- HERBED ROAST CHICKEN BREAST £16.00
- SEA SALT CRUSTED ROAST BEEF £17.00
- GARLIC MINTED LAMB £18.00

All served with creamed potatoes, garlic & thyme roasted potatoes, buttered savoy cabbage & bacon, roasted parsnip, carrot puree, pig in blanket, yorkshire pudding and in-house stock gravy

SUNDAY SHARING BOARD FOR 2 £37.50

Your choice of 2 meats, served with creamed potatoes, garlic & thyme roasted potatoes, buttered savoy cabbage & bacon, roasted parsnip, carrot puree, pig in blankets, yorkshire pudding, in-house stock gravy and a Creamed cauliflower and parmesan cheese

SUNDAY SIDES

- Creamed cauliflower, bacon and parmesan cheese £6.00 for 2 people sharing
- Warmed salted pork crackling (GF) £3.00
- Hot honey drizzled pigs in blanket £5.00
- Garlic and thyme roasted potatoes (GF) £3.00
- In-house stock gravy (GF) £2.50
- Extra Yorkshire pudding £1.50

V = VEGETARIAN VE = VEGAN GF = GLUTEN FREE / GFA = GLUTEN FREE AVAILABLE



Children's Menu

Children's Meal Deal

Any Main & Dessert for £9.00



Mains

All mains are served with skinny fries
and beans or garden peas

Breaded Chicken Strips (GFA) £6.50

Cheeseburger (GFA) £6.50

Fish & Chips (GF) £6.50

Breaded Chicken Burger (GFA) £6.50

Carbonara Pasta (GFA) £6.50



Desserts

DUO OF ICECREAM - PICK 2 SCOOPS £3.50

- Vanilla (VE Available)
- Double chocolate
- salted caramel & honeycomb

BISCOFF CHEESECAKE £3.50

With biscoff sauce and salted caramel ice cream.

STICKY MALTEASER TOFFEE PUDDING (V) £3.50

With caramel sauce and vanilla ice cream.

CALIPPO MINI ICE POP (GF, V) £2.50

At The Royal Bar & Shaker we never want to leave a child out, if your child has any intolerances or dietary requirements please speak to our team and we will do our best to cater for them.

Follow us on social media for
exciting updates!

  @theroyalbarandshaker

 royalbarandshaker.co.uk



BREAKFAST SERVING TIMES

Monday to Sunday 8am - 11:30am

THE PERFECT START TO YOUR DAY IS A GOOD BREAKFAST

THE LARGE ROYAL ENGLISH £11.00 (GFA)

2 Butcher's sausages, 2 bacon, potato pops, black pudding, flatfield mushroom, tomato, baked beans, choice of 2 eggs, fried, poached or scrambled and 2 slices of toast.
Surcharge of £2.00 for hotel guests

THE ROYAL ENGLISH £8.50 (GFA)

1 Butcher sausage, 1 bacon, potato pops, black pudding, flatfield mushroom, tomato, baked beans, choice of 1 egg, fried, poached or scrambled and 2 slices of toast.

VEGETARIAN ENGLISH £9.00 (GFA, V)

2 Veggie sausages, potato pops, 2 tomatoes, 2 flatfield mushrooms, baked beans, choice of 2 eggs, fried, poached or scrambled and 2 slices of toast.

SMOKED SALMON BAGEL BENEDICT £9.00 (GFA)

Toasted new york style bagel topped with smoked salmon, 2 poached eggs and topped with warmed hollandaise sauce and spring onion.

CRISPY SMOKED BACON BAGEL BENEDICT £9.00 (GFA)

Toasted new york style bagel topped with bacon, 2 poached eggs and topped with warmed hollandaise sauce and spring onion.

STEAK & EGG NEW YORK BAGEL £12.50 (GFA)

Butchers steak (served med-rare) topped with chilli/spring onion fried eggs, on toasted new york style bagel and served with rocket
Surcharge of £2.00 for hotel guests

ACAI SMOOTHIE BOWL £8.50

Fat Free greek yoghurt combined with Acai powder, almond milk, vanilla protein served with oat granola and topped with kiwi, pear and banana (contains nuts).
Total calories 650, Protein 30g, Fat 16.3g, Carbs 102g

PEANUT BUTTER & DARK CHOCOLATE SMOOTHIE BOWL £8.50

Fat Free greek yoghurt combined with dark chocolate, peanut butter, almond milk, vanilla protein blended and served with oat granola and topped with kiwi, pear and banana (contains nuts).
Total Calories approx 660, Protein 31g, Fat 17.5g, Carbs 95g

BACON, CHORIZO AND CHEESE OMELETTE £8.00 (GF)

Sauteed bacon and diced chorizo with 4 eggs, chives and grated lancashire cheese for a perfect omelette.

PEA, SPINACH AND CHEESE OMELETTE £8.00 (GF)

Sauteed spinach and peas with 4 eggs, chives and grated lancashire cheese for a perfect omelette.

THE ROYAL BUN £9.00 (GFA)

2 bacon, 2 butchers sausage, potato pops and a fried egg served on a toasted ciabatta.

ADD BACON £1.00 | ADD BEANS £1.00 | ADD SAUSAGE £1.00 | ADD POTATO POPS £1.00
ADD BLACK PUDDING £1.00 | ADD HOLLANDAISE SAUCE £1.00

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